## Rocklin Unified School District presents Parenting the Love and Logic<sup>TM</sup> Way

## The Love and Logic approach is easy to use, raises responsible kids, and changes lives.

A six week no-cost workshop designed by the Love and Logic Institute to give parents practical skills that can be used immediately!

## Learn how to:

- Avoid un-winnable power-struggles and arguments
- Stay calm when kids do incredibly upsetting things
- Set enforceable limits
- Avoid enabling and begin empowering
- Help kids learn from mistakes rather than repeating them
- Raise kids who are family members rather than dictators
- And much more!

Session	Dates	Location
Session 1	September 10 to October 15, 2015	Whitney High School
Session 2	January 21 to February 4,	Rock Creek Elementary
	February 18 to March 3, 2016	
Session 3	March 31 to May 5, 2016	Whitney High School

ALL CLASSES ARE HELD ON THURSDAYS FROM 6:00 TO 7:30 P.M.

To register, please visit the rocklinusd.org and click on the Parenting the Love and Logic<sup>®</sup> Way registration near the bottom of the page. Click on your desired session and fill out the form.

If unable to complete registration, please contact Bryce Lauritzen at blauritzen@rocklin.k12.ca.us

A highly recommended workbook (\$10.00) will be available for purchase at the first session. Please bring check written to Rocklin Unified School District or exact cash.

Childcare may be provided at the elementary site. Please indicate childcare needs on the registration.

Facilitators of the Parenting the Love and Logic Way™ curriculum are independent and are not employees of the Love and Logic Institute.